



## Eyelash Extensions

### **Before my appointment - How should I prepare?**

Because this procedure can take time, it is important that some things be done prior to arriving for your appointment:

- ***Please remove all eye makeup with a mild, oil-free cleanser prior to your appointment.*** Eye makeup can interfere with the adhesive bond and shorten the lifespan of your lash extensions, so it's very important your natural lashes be as clean as possible.
- If you are a contact lens wearer, please remove them.
- Wear comfortable clothing.
- To make you as comfortable as possible and to avoid delays, please visit the bathroom before your procedure.

### **During my appointment - What can I expect?**

I will evaluate and discuss your needs and expectations. You will be comfortably reclined on a treatment bed, with eyes closed. It's highly recommended that all eye makeup be removed prior to your appointment, but if not, it will be removed as much as possible prior to starting the procedure. Your bottom lashes will be protected with a small under eye pad. Each synthetic lash is dipped in a medical grade bonding agent and applied to an individual natural lash. The number and length of lashes applied is determined by the desired look, as well as health and thickness of your own natural lashes. The entire procedure generally takes between 90-150 minutes for a full set and as little as 30-90 minutes for refills.

***Note: If you arrive with eye makeup on, I will remove it as much as I can, but I can't remove it as well as you could at home. This could affect the bonding process and shorten the lifespan of the lash extensions.***

### **Aftercare - How can I extend the life of my Eyelash Extensions?**

Though easy to maintain, proper care and maintenance will ensure the life of your lash extensions.

**The first 48 hours are crucial** for the adhesive to dry and provide a strong, durable bond. Therefore, it's very important to adhere to the following instructions:

- Keep them dry. Avoid showering, washing your face with hot water or wetting your lashes.
- Avoid swimming or exposure to steam, heat or saunas.
- Avoid oil-based creams and lotions on, or around, the eyes.
- Do not apply eye or lash makeup.
- Avoid eyelash tinting, perming or chemical treatments.
- Avoid chemical peels, waxing or laser treatments around the eyes.
- Avoid sleeping on side or stomach.

**After the first 48 hours:** Although the adhesive has dried, some activities can weaken the adhesive bond causing premature loss of the lash extensions. The following guidelines are recommended:

- You can swim, shower and exercise as usual but avoid excessive exposure to heat or steam.
- Be gentle, don't rub your eyes excessively and don't pick or pull on the lashes as it can pull your own eyelash out along with the extension.
- Avoid oil-based eye care products / make-up remover. Use of oil based products can weaken the adhesive bond.
- Use of mascara may reduce the lifespan of your lash extensions, but if desired a water-based mascara may be used if desired, but apply sparingly and remove gently.
- Avoid eyelash curlers as they can damage both natural and synthetic lashes.

Artistic Beauty Brow and Lash Bar

44 Victoria Street, Alicetown

P: 04 213 9730 E: [abbrowandlashbar@gmail.com](mailto:abbrowandlashbar@gmail.com)

[www.artisticbeauty.co.nz](http://www.artisticbeauty.co.nz)